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Tour Da U.P.

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*An Awesome Ride
through the Majestic
Porcupine Mountains*

August 5-9, 2012



**A 5-day bike tour in
the U.P. of Michigan to benefit abused
and neglected children and families.**

Tour da U.P. 2012

Tour da U.P. is a bike tour that offers a unique experience to families, couples and individuals. With cyclists ranging in age and ability, we have something for everyone! This on-road event allows you to set your own pace, take in the awesome scenery of Michigan's Upper Peninsula and discover historical sites along each days' ride. Additional miles and loops are suggested for those that want to "push it" a bit more. Routes can be challenging as the Western U.P. is hilly, however, support is a high priority with SAG vehicles nearby.

Tour da U.P. 2012 is a loop tour beginning and ending in Watersmeet, Michigan with stops at various small communities and State Parks. Bring your cameras!

On Sunday, August 5th, Day 1, *Tour da U.P.* leaves Watersmeet and rides thru the Ottawa National Forest on paved country roads to our first destination. Many scenic views of rivers, lakes and forested roads will greet you along the way. We will stay in the small community of Ewen. The day's ride will cover 50 miles with options for longer distances.

Monday Day 2, Leaving the interior of the U.P. behind we will head north to the town of Ontonagon, Lake Superior and the largest tract of Old Growth Forest in the Midwest at the Porcupine Mountain State Park. We will set up a two day camp at one of the most scenic State Parks Michigan has to offer. 52 miles.

Tuesday, Day 3 will be a free day to explore the Porkies. Some side trips will be available with assistance from our SAG crew. You may choose to just kick back at camp, enjoy the lakeshore or checkout the local gift shops. Lunch and dinner will be on your own today.

Wednesday, Day 4, One of the most scenic roads awaits you on this morning: the South Boundary Road. It winds through the south end of the park with several points of interest along the way. Great opportunities for pictures! We will break for lunch at Presque Isle Falls then continue to Gogebic State Park for our last overnight. 65 miles

Thursday, Day 5 The last day of cycling will have us riding around the South end of the lake and returning to Watersmeet. We will have a lunch waiting for you at the town pavilion. Showers will also be available at the nearby school. 36 miles



Tour da U.P. 2011 Highlights

Tour da U.P. A 'ride' with a CAUSE!

Tour Da U.P. is an annual fundraiser for Teaching Family Homes of Upper Michigan (TFH). TFH is a private, non-profit organization that has served families and youth for over thirty years in the Upper Michigan region. TFH offers a broad continuum of services to communities across the U.P. Services include residential group homes, adoption, foster care and counseling, day treatment and home-based programs. Each day, TFH reaches out to youth and families dealing with issues of abuse, neglect, delinquency and crisis. Building on a strong foundation of compassion and support, TFH looks to the future with the goal of meeting new family care challenges.



Kayaking in Grand Marais



Smiles abounded at the 2011 Tour!



Friendships that will last a lifetime!

SAG Support

Tour da U.P. is a fully supported tour. SAG crews are with you throughout the day, providing drinks and snacks, limited mechanical support and a ride for you and your bike if necessary.



Gear

Your gear will be loaded and transported each day. Each cyclist is limited to two bags-including your camping gear! Duffle bags or easy-to-carry backpack style gear are recommended. If you are staying at a Tour approved hotel, your gear will be transported to the hotel each day and picked up in the morning.

Mechanical Support

It is vital that each rider have their bicycle professionally tuned prior to the Tour and are familiar with how to perform minor repairs on their own bicycle. Bring along an extra tube, patch kit and minimal tools. Maintenance will be provided each evening and extra materials (tubes, etc.) will be available for purchase throughout the tour.

Food and Beverages

Most breakfasts, lunches and dinners are provided throughout the tour beginning with lunch on Sunday and ending with lunch on Thursday. Lunch and dinner on Day Three will be on your own while staying in the Porcupine Mountains. Fresh fruit, trail mix, snacks and drinks are available at the morning and afternoon rest stops each day along the route.

Accommodations

Outdoor camping is included in your registration. Bring your own tent and sleeping bag. Each night, hotels are available for those not wishing to camp. A shuttle fee will be charged to transport you and your luggage. Be sure to register early at an "approved" hotel to ensure luggage delivery and pick-up by SAG staff.

Youth Discount

Make Tour da U.P. a family event! Youth receive a discount on their registration fee. Youth age 17 and under must be accompanied by an adult.

"Bring Your Own Biker" (BYOB)

Recruitment Program

What a great way to get your friends to join you on the tour and cover your registration costs! If you are a returning participant, each new rider you recruit will give you a 10% discount off your registration fee. Recruit ten riders and you go for free! Be sure each recruit writes your name in the "BYOB Recruiter" line of their registration form. We can supply you with extra brochures and a promotional video to help in your efforts.



Pledges Option

To cover your registration fee you have the option of collecting tax-deductible donations. Check the "pledges" box on your registration form and materials will be sent to you.

Pre-Tour Activity

On Saturday, August 4th join us for a pre-tour canoe trip. This is a great chance to get ready for the week ahead, meet your SAG crew and fellow tour participants and see some sights. Information will be included in your tour packet.

Registration/Confirmation

Fill out the attached registration form and forward it, along with payment, to reserve your space. You may also register over the phone by calling (906) 249-5437.



For more information or to print out additional registration forms, go to our website at www.teachingfamilyhomes.org/tourdaup. Once registered, you will receive your confirmation notice. Information packets and a detailed trip itinerary will be sent out 4-6 weeks prior to the start of the trip.

***Refunds will not be available after 7/15/12 ***

Tour Da U.P. 2012 Registration

(One form per person. Please feel free to copy)

Full name: _____
 Address: _____
 City, State, Zip: _____
 Daytime Phone: _____
 Email: _____
 Age: _____ Gender Male Female (circle)

Adult registration:
 Before June 15th \$400.00

Youth registration:
 Age 12-17, Before June 15th.....\$275.00

11 and under Before June 15th....\$225.00

Late fee, after June 15th\$25.00

Total: _____

T-Shirt size (circle one) S M L XL

Method of Payment

_____ I will be collecting pledges. Please send me collection information.

_____ Check, payable to Associated Family Care.

_____ Visa _____ Mastercard

Card #: _____

Expiration Date: _____

Signature: _____

BYOB Recruiter: _____

Waiver & Release:

The undersigned wishes to participate in Tour da U.P. 2012 fully understanding the inherent risks involved in bicycle touring and knowingly accepting the risks. Prior to beginning participation in Tour da U.P., I will be required to sign a Waiver & Release statement. I am of legal age and fully competent, and, if not of legal age, my legal guardian has fully read the above and understands that I am fully bound by their signature. I understand an ANSI or SNELL approved helmet is required to be worn while riding in the Tour Da U.P. I understand that my name, city of residence, photograph, voice and /or likeness may be used in promotional or advertising or documentary materials of or by Tour da U.P. Coordinators or their licensees. I consent to such uses and waive any rights of privacy or publicity that I may have in connection to those uses.

Signature (or legal guardian if under 18) _____ Date _____