

# 2011 Tour Da U.P. Schedule

## 2011 Tour Da U.P. August 7<sup>th</sup>-11<sup>th</sup>

### Experience the Upper Peninsula with a 5-Day Bike Tour!



#### Sunday August 7th

The tour begins in Marquette at the campus of TFH at 9am with the traditional blessing of the tour and photos. A short lead out to the bike path will allow riders to slowly warm up before cruising east towards Munising. Using the new Heritage Multi-Purpose Trail the first day's route hugs the shoreline of Lake Superior to the first stop for lunch at Deer Park. There is a nice shoulder with scenic pullouts and beaches throughout the day. Our destination for our first night is Tourist Park Campground just outside of Christmas and overlooking Grand Island. After riding only 39 miles there are several options for side excursions and extra miles.

#### Monday August 8th

Today will be one of the most scenic rides in the state and maybe even in the Midwest! This will be a challenging 54 mile day but with plenty of stops at various park locations including 12 mile beach, Hurricane River, Au Sable Lighthouse and the Log Slide. It will be a ride to remember. As we depart Munising and continue to travel east the county road leaves Lake Superior and continues into hilly terrain of Alger County. We will stop for lunch at a secluded campground prior to entering the Pictured Rocks National Lakeshore. The second half of the day includes several stops to check out points of interest within the National Lakeshore. Our final destination for the next two nights is the town of Grand Marais.

#### Tuesday August 9th

This is our lay over day and midway point in the tour. Several options for side excursions are available from bike rides, hikes, lighthouse tours and kayaking to name a few. Some are low or no cost while others require pre-registration. A complete list of options will be available once you register for the tour.

#### Wednesday August 10th

We leave the shore of Gitchie Gummie (Lake Superior for you trolls) and retrace our ride back towards Munising. A lunch stop will be provided by the Bear Trap Inn. The ride will be using the new road through the Pictured Rocks Park and continue to the small area called Wetmore. We will camp at a private campground complete with an outdoor pool. The total distance for today is 53 miles.

#### Thursday August 11th

Our final day of riding includes a very nice country setting through the Hiawatha National Forest and back roads of Alger County. Our ride will complete with a lunch and awards ceremony back at the TFH campus where you will have a chance to meet the youth who will benefit from your support.

DESIGN COURTESY OF



Tour Da U.P.  
1000 Silver Creek Road  
Marquette, MI 49855  
www.tourdaup.org

### A Tour for a Great Cause

Tour Da U.P. is an annual fundraiser for Teaching Family Homes of Upper Michigan (TFH). TFH is a private, non-profit organization that has served families and youth for over twenty-seven years in the Upper Michigan region. TFH offers a broad continuum of services to communities across the Upper Peninsula. Services include residential group homes, treatment foster care and counseling, day treatment and home-based services.



Each day, TFH reaches out to youth and families dealing with issues of abuse, neglect, delinquency and crisis. Building on a strong foundation of compassion and support, TFH looks to the future with the goal of meeting new family care challenges. To learn more about the services that Teaching Family Homes provides, please visit our website: [www.teachingfamilyhomes.org](http://www.teachingfamilyhomes.org).

### Supporting Our Bikers

#### SAG Support

Tour Da U.P. is a fully supported tour. SAG crews are with you throughout the day, providing drinks and snacks, limited mechanical support and a ride for you and your bike if necessary.

#### Gear

Your gear will be loaded and transported each day. Each cyclist is limited to two bags-including your camping gear. Duffle bags or easy-to-carry gear are recommended. If you are staying at a Tour-approved hotel, your gear will be transported to the hotel each day and picked up in the morning.

#### Mechanical Support

It is vital that each rider has their bicycle professionally tuned prior to the Tour and is familiar with how to perform minor repairs on their own bicycle. Bring along an extra tube, patch kit and minimal tools. Maintenance will be provided each evening and extra materials (tubes, etc.) will be available for purchase throughout the tour.

#### Food and Beverages

Most meals are provided throughout the tour beginning with lunch on Sunday and ending with lunch on Thursday. Lunch and dinner on Day Three will be on your own while staying in Grand Marais. Fresh fruit, trail mix, snacks and drinks are available at the morning and afternoon rest stops each day along the route.

#### Accommodations

Outdoor camping fees are included in your registration. Bring your own tent and sleeping bag. Hotels are available for those not wishing to camp. A shuttle fee will be charged to transport you and your luggage. Register early at an "approved" hotel to ensure luggage delivery and pick-up by SAG staff.

### Get Involved!

#### BYOB - Bring Your Own Biker

What a great way to get your friends to join you on the tour and cover your registration costs! If you are a returning participant, for each new rider you recruit gets you a 10% discount off your registration fee. Recruit ten riders and you participate for free! Be sure each recruit writes your name in the "BYOB Recruiter" line of their registration form. We can supply you with extra brochures and promotional materials to help in your efforts.

#### Pledges Option

To cover your registration fee, you have the option of collecting tax-deductible donations. Check the pledges box on your form and materials will be sent to you.

#### Pre-Tour Activity

After the trip up to Marquette on Saturday, why not take a 20-25 mile cycling tour on our bike path. The path follows the Lake Superior shoreline out to Presque Isle Park on the North side of Marquette. After a stop for ice cream we will return to our starting point at the Marquette Welcome Center. We will also have additional stops at the new Marquette Historical Museum and the Maritime Museum for those that are history buffs. The pre-tour is a great way to meet folks on the tour, see the local area, and stretch your legs a bit. More information on pre-tour activities will be included in your registration packet.

#### Registration / Confirmation

Fill out the attached registration form or register over the phone by calling us at (906) 249-5437. For more information or to print out additional registration forms, go to our website at [www.tourdaup.com](http://www.tourdaup.com). Once registered, you will receive your confirmation notice. Information packets and a detailed itinerary will be sent out 4 weeks prior to the trip.

### 2011 Tour Da U.P. Registration

One form per person. Please feel free to copy.

#### Participant Information:

Full Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Age: \_\_\_\_\_ Gender: Male Female  
T-Shirt Size: S M L XL XXL

#### Registration Prices Before June 15th:

Adult Registration \$375  
Teen Registration (ages 12-17) \$250  
Youth Registration (ages 11 and under) \$200

Late Fee After June 15th: \$25

Total: \_\_\_\_\_

#### Payment Method:

I will be collecting pledges.  
(Please send me collection information.)  
 Check, payable to Associated Family Care.  
 Visa  Mastercard  
Card #: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_  
Signature: \_\_\_\_\_

BYOB Recruiter: \_\_\_\_\_

#### Waiver & Release:

The undersigned wishes to participate in Tour Da U.P. 2011 fully understanding the inherent risks involved in bicycle touring and knowingly accepting the risks. Prior to beginning participation in Tour Da U.P. I will be required to sign a Waiver & Release statement. I am of legal age and fully competent, and, if not of legal age, my legal guardian has fully read the above and understands that I am fully bound by their signature. I understand an ANSI or SNEL approved helmet is required to be worn while riding in the Tour Da U.P. I understand that my name, city of residence, photograph, voice and/or likeness may be used in promotional or advertising or documentary materials of or by Tour Da U.P., Coordinators or their licensees. I consent to such uses and waive any rights of privacy or publicity that I may have in connection to those uses.

Signature (or legal guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

No Refunds After July 1<sup>st</sup> 2011